

Welcome to
**Beauty Within
Day Spa**

Head to Toe "Absolute Bliss"



60 min Massage

\$ 140.00

90 min Massage

\$ 220.00

Signature Massage - Choose from a range of massage therapy techniques including Swedish, Deep Tissue, Sports or Reflexology or ask your Therapist to customise your massage treatment with a stress-busting combination of any or all of these techniques!!!

60 min

\$ 150.00

90 min

\$ 235.00

Aroma Journey Massage – Unwind during a sensory balancing massage experience with your choice of Aromatherapy blends infused with essential oils. Reawaken your senses, reconnect with nature and restore your health!!!

Calm Mind Massage – Quiet the mind and soothe body and spirit! Temples and scalp are massaged with Calm Mind Oil, a restorative blend of peppermint and lavender created to help relieve headache tension and stress. Lavender Body Oil is used to achieve an overall feeling of bliss as we customise your massage with a combination of techniques!!!

Mother-to-Be Harmony Massage – Designed to address the special needs of the mother-to-be, we combine tried and tested safe pregnancy massage techniques with a Chinese geranium-infused oil that promotes feminine energy and has a harmonising effect on women. Helps to relieve tension in your lower and upper back and alleviate swelling in the hands and feet!!!

60 min

\$ 160.00

90 min

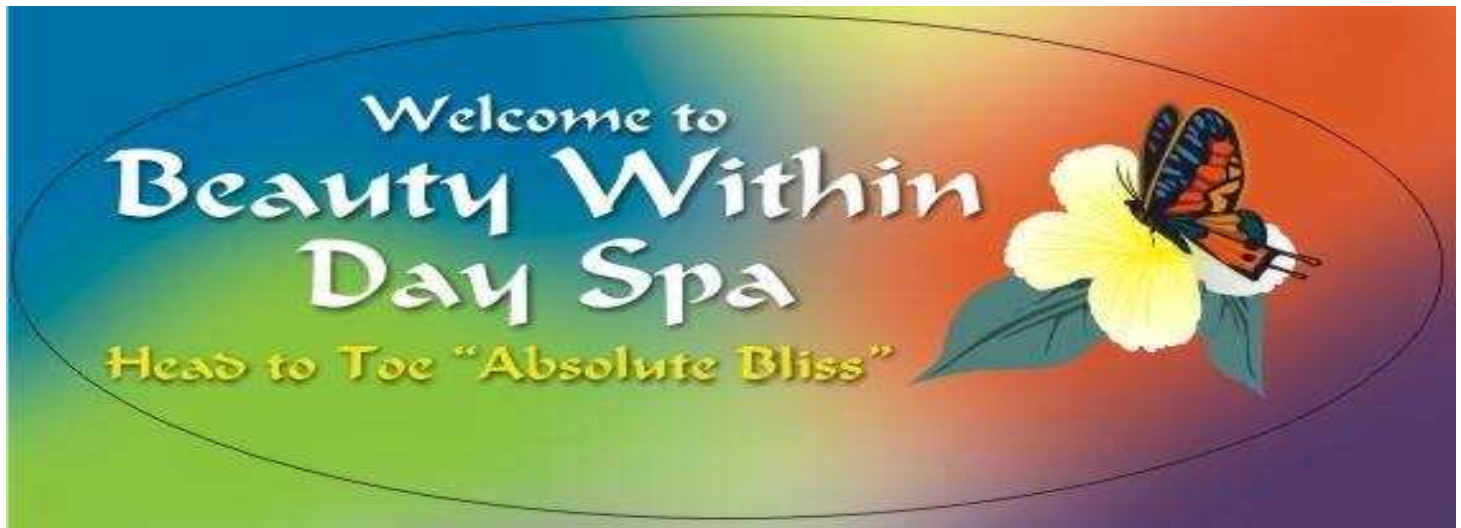
\$ 250.00

Revitalising Hot/Cold Stone Massage – Melt your cares away while smooth, polished river rocks are heated and chilled and used to massage the body. Stones are left in patterns on the body to balance the energy centers. Revitalising Body Oil adds a wonderful aromatic element to the experience!!!!

75 min Body Massage Treatment

\$ 220.00

Designed to exfoliate whilst delivering vital vitamins and nutrients to the skin – Unwind with a full environ body massage treatment- using body exfoliating gloves , gently removing and rejuvenate new skin cells, finishing with a relaxation massage for the mind body and soul!!!



60 min Body Exfoliation

\$ 190.00

This essential step re-mineralises the skin and replenishes lost moisture to the proper level of hydration – rejuvenating the skin and body to relieve the look and feel of fatigue. Mineralising exfoliation oxygenates tissues, increase circulation and restores the proper level of minerals and trace elements that regulate the metabolic functions and increase the skin’s ability to assimilate and retain nutrients. Prepares the skin for an even sun tan with higher level of immunity against the sun’s damaging rays!!!

60 min Body Wrap

\$ 190.00

This essential body wrap is a special re-balancing Recuperation Treatment to – mineralise, hydrate and nourish the body, it is perfect wrap to prepare the body for the change of season or revive it after a period of intense stress, illness or fatigue!!!

60 min Environ Facial

\$ 160.00

90 min Environ Facial

\$ 250.00

The Environ Facial is the Essential step for maintenance for healthy skin – Pre cleanse, cleanse, exfoliation, massage, hydrating mask, eye gel, moisturise. This facial is the essential step to infuse the skin with moisture for a healthy skin!!!!

45min Spa Manicure

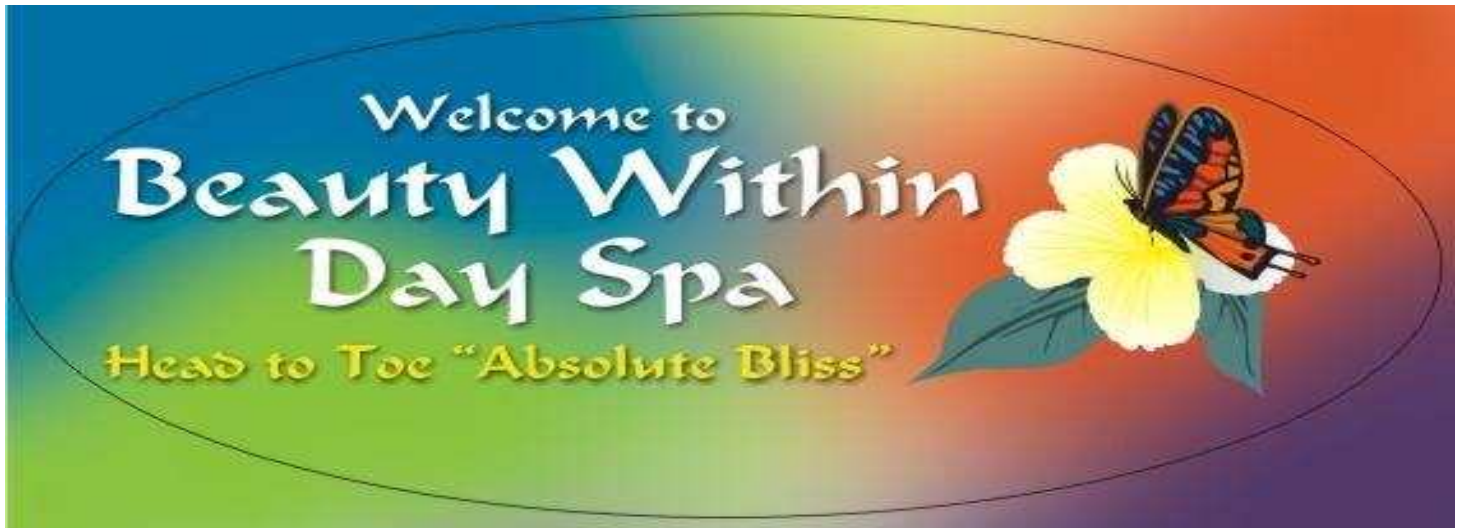
\$ 90.00

Preserve the youthfulness and beauty of your hands – A gentle treatment to indulge the hands, nails and cuticles!!! Finish with your choice of Colour!!!

60min Spa Pedicure

\$ 110.00

A traditional foot treatment to transform feet to perfection – Feet are soaked, nails filed, feet buff, exfoliation, massage, cuticles!!! Finish with your choice of Colour!!!



Eyebrow Tint	\$ 30.00
Eyelash Tint	\$ 40.00

Belmacil Tint is the leading brand of Eyelash Tint – Provides you with 8 rich, luxurious colours: Black, Blue Black, Brown, Light Brown, Honey Brown, Blue, Graphite (Charcoal) and Violet – these colours are amazing to bring out your eye colour!!!

Eyelash Perm	\$ 100.00
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Elleebana Eyelash Perms – Eyelash perming is rapidly becoming a popular eye enhancing service. This is because lash curling beautifies and enhances the lashes for long periods of time!!!

Makeup	\$ 130.00
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Environ & Natural Compatibles Makeup – Formed in 1992 in Cairns Australia and in 1999 moved to Melbourne Australia! Unlike other brands of make-up, that go in and out of fashion, Natural Compatibles range of classic, timeless and natural colours never loses its appeal!!!

Waxing Services available upon request